



Arlington Recreation Guide

City of Arlington Parks & Recreation Summer 2016

Focus on Arlington Photography Contest

The City of Arlington and Arlington Arts Council invites you to submit your photographs that highlight Arlington as one of "America's Best Communities" for a chance to win \$100! Other prizes include 2nd place \$75, 3rd Place \$50, and three honorable mentions at \$25 each. The contest is open to anyone with an Arlington address. Maximum of three entries per person. The contest runs from June 9, 2016- August 25, 2016. To enter, go to: www.facebook.com/ArlingtonArtsCouncil after June 9th. Photographs may be used in the marketing of Arlington and its events.

Winning photographs will be displayed at Art in the Park event September 10-11.

Summer Entertainment Series

Street Fair Entertainment- Legion Park, 114 N Olympic Ave.

Fri. July 8	11:30am-12:30pm	Old Time Fiddlers
	1:00-3:00pm	No Chance of Rain -Arlington Rock Band
	3:30-5:50pm	CC Adams Band- Blues & Rock
Sat. July 9	10:00-11:30am	Cee Cee James
	12:00-12:45	Linda Severt- Children's Show
	1:00-2:00	Shakespeare- Henry V Presented by Last Leaf Productions
	2:30-3:30	The Ginger Ups
	4:00-6:00pm	The Fabulous Roof Shakers- Blues
Sun. July 10	11:00am-1:00pm	TJ&K Trio
	1:30-2:30pm	Voices of the Village

Shakespeare in the Park- Terrace Park, 809 E 5th Street

Sat. July 16 at 6:00pm Loves Labors Lost by Last Leaf Productions

Outdoor Movies

Thursday July 7	Minions- Rated PG, Presented at Kids Day at Arlington Fly In (approx. 9:30pm)
Thursday July 14	Sponge Bob Out of Water- Rated PG, Presented at Terrace Park (at 9pm)
Thursday July 21	Star Wars The Force Awakens- Rated PG 13, Presented at Terrace Park (at 9pm)

Music on the Terraces- Terrace Park, 809 E 5th Street

Thursday August 4	6:30pm	Long Stride-Reggae-Rock-Groove
Thursday August 11	6:30pm	Creme Tangerine- Premier Beatles Tribute Band
Thursday August 18	6:30pm	The Harvey Creek Band- Arlington Country Music Band
Thursday August 25	6:30pm	Presented by Calvary Arlington

Meet me in Arlington- Summertime Events

May 30	Memorial Day Parade, Olympic Ave 10am
May 27-28	Oso Mill Days
June-Oct	Red Rooster Route-family fun on the farms! redroosterroute.com
June 4	Relay for Life, Legion Park, downtown Legion Park relay.acsevents.org
June 11-Sept 24	Arlington Farmers Market, Saturdays 10am-3pm, Legion Park, afmwa.com
June 11	Show & Shine Car Show, Olympic Ave, sponsored by DABA, arlingtonwa.org
June 18-19	Biringer Farm Strawberry Harvest Fest. 10am-3pm. 21412 59th Ave NE.
June 24-26	The Spur Music Festival, Darrington, darringtonwatourism.com
June 25-26	Timberbowl Rodeo, Darrington darringtonrodeogrounds.com
June 23-26	Smokey Point Carnival at the Airport, arlington-smokeypointchamber.com

July 4th Events

July 4	Food at Haller Park, times to be determined
July 4	Pedal, Paddle, Puff Triathlon at Haller Park 8am
July 4	Kiwanis Auctions at Haller Park 8:30, 9:30, 10:30am
July 4	"Old Fashioned Fourth" Legion Park, Arlington-Smokey Point Chamber 12-4pm
July 4	Kiddies Parade, sponsored by Cascade Valley Hospital 4:30pm
July 4	Grand Parade on Olympic Ave., sponsored by Cascade Valley Hospital 5pm
July 4	Rotary Duck Dash at Haller Park, 7:30pm
July 4	Fireworks at Boys & Girls Club, sponsored by Chamber of Commerce, 9pm

July 7-9	Arlington Fly-In, arlingtonflyin.org
July 8-10	Street Fair on Olympic Avenue, DABA, arlingtonwa.org
July 16	Shakespeare in the Park, Terrace Park, 6pm, arlingtonwa.gov/recreation
July 15-17	Darrington Bluegrass Festival
July 14, 21	Movies at Terrace Park 9pm, arlingtonwa.gov/recreation
July 23	Arlington Brew Fest, 4-9pm Legion Park, Vision for a Cure
August 2	National Night Out, 5-8pm, arlingtonwa.gov
Aug. 4, 11, 18, 25	Music on the Terraces, 6:30pm, arlingtonwa.gov/recreation
August 11-14	Summer Meltdown Music Festival, Darrington
August 13-14	Festival of the River, River Meadows Park, stillaguamish.nsn.us/festival.html
August 13-14	3 on 3 Basketball Tournament, Airport, 3on3X.com
August 17-20	NW Genealogy Conference at the BPAC, stillygen.org
August 27	Airport Appreciation Day at Airport Office, 9am-2pm, arlingtonwa.gov
August 27	Kids' Expo at Cascade Valley Hospital
September 10-11	Art Show in the Park with live music, Legion Park, arlingtonartscouncil.net
September 10	Dragstrip Reunion Car Show, Airport, arlingtondragstripreunion.com
September 17	Pioneer Days, 1-4pm, stillymuseum.org
September 24	Friendship Walk, Legion Park, 1pm, villagecommunitysvcs.org

Youth Classes

Children's Storybook Garden

The following free children's classes will be presented at the Arlington Community Garden on the 2nd Saturday of each month at 11am. Teacher is Char O'neal.

Located across from Arlington Library, 135 N Washington Ave.

Mission Statement-To enrich the mind and spirit of children through the exploration of nature, art and literature.

Sponsors: Friends of the Arlington Library, Arlington Arts Council, Arlington Community Garden, Arlington Library, Lowe's, Stillaguamish Tribe, Arlington Muffler and Brake

April 9th: "Sunflower House" by Eve Bunting

Seed frames and Paint clay pots and plant sunflower seeds

May 14th: "Monarch and Milkweed" by Helen Frost

Painted metal butterflies and plant wildflower seeds in tin cans

June 11th: "The Curious Garden" by Peter Brown

Pounded fern and flower bookmarks and paint rock markers for plants

July 9th: "Mossy" by Jan Brett

Fairy Houses and terrariums

Aug 13th: "Sammy & Sally's Search for Salmon" by Ben Curley

Gyotaku (fish printing) and glow jars

Sept 10th: "The Story of Pumpkin" by Frank Fiorello

Painted pumpkin heads and nature tiles

Child & Babysitting Safety Class

Covers child safety and basic care techniques for infants and children. Stresses the priority to keep the babysitter and the children you care for safe. Includes first aid and CPR, meal times, bedtime, stranger knocks, hand washing. Students receive a textbook, certificate and first aid kit. For 10 years and older. Children should bring a snack. Located at Hadley Hall, Boys & Girls Club, 18513 59th Ave NE

Date: Friday, June 10, 4-9pm. Cost: \$40

Hands on Science Classes

This summer the classes will have an emphasis on physics and chemistry. For ages 6-11 years old. Taught by experienced science teachers at Pacific Learning Solutions/Academy Northwest School.

Tuesdays, July 26 to August 30, 10:30-12:00pm.

201 Stillaguamish Ave. Call 360-403-8885 or email

info@pacificlearningsolutions.com. \$18 per class

Summer Tutoring

June 13-30 and July 25-Sept 2 for school age children.

Tutoring and brain therapy Tuesday, Wednesdays, Thursdays mornings with Pacific Learning Solutions. Program can provide help for the slow learner through brain skills therapy. Help in subjects of mathematics, reading, language arts, science and history. Junior and High School classes offered for credit. Cost is \$43 per hour. For more information 360-403-8885 pacificlearningsolutions.com.

APPLE ECEAP Preschool

Free pre-kindergarten program for income-eligible children ages 3-4 years and their families. Located at Eagle Creek Elementary School. Call 360-618-6434 to enroll.

Horse Camps

Eagle Ridge Equestrian Center is offering summer vacation riding camps for kids. Many great horses, ponies and a fabulous facility with friendly, knowledgeable and experienced instructors looking to have fun with the horses and kids this summer. A deposit of \$100 must be made for each week you would like to reserve a spot for your campers. Please call 425-518-1588 to reserve your camp dates. The balance due on camps must be paid 2 weeks prior to start date.

1/2 Day Camp— for ages 5-8 years.

Time: 10am - 1pm.

Cost: \$250 for the 5 day week.

Designed for the beginner to intermediate rider.

All Day Camp— for ages 9-14 years.

10am - 3pm.

Cost: \$350.00 for the 5 day week.

Designed for the beginner to intermediate rider.

Day Camp Dates:

June 27- July 1	July 5-8	July 11-15	July 18-22
July 25-29	Aug 1-5	Aug 22-26	

Summer Camps with the Boys & Girls Club

Weekly camps starting after school is out. Arts and Crafts, games, activities indoors and outdoors, field trips two days per week, afternoon snack (lunches not provided).

Monday— Friday 9am-4pm.

Cost: \$140 a week, and \$30 membership to the Boys & Girls Club (annual fee). For more information, visit the website at bgcsc.org/snohomish-clubs/arlington-club or call 360-435-4442.

Family Events

Arlington Community Dances

Third Saturday of each month 6:30-9:30pm at Sisco Heights Community Center, 13527 99th Ave NE Arlington. Country dances taught by various callers and teachers. Family activity, all ages welcome. Wonderful live music by the Fiddle Steps. Snack potluck. Suggested donation \$5 per person, \$15 family.

Family Night Community Open Swim

Fridays, 5:30-8:45pm; Saturdays, 3:00— 6:45pm

Sundays, 4:00-6:45pm

Bring your family for an active family night at a great price!

Cost: \$5 per person. Registration not required.

Family Karate Ronin Dojo

A variety of classes for youth through adult. Monday through Friday evenings and Saturday mornings.

Please call Stillaguamish Athletic Club at 360-435-9404 for more information on our classes and monthly fees.

Golf Camps

Ages 6-10 years— July 5-8, 10am-1pm. Cost \$75

Ages 10-14 years— July 25-28, 9:00-2:00. Cost \$100

Register: Boys & Girls Club, 360-435-4442, 18513 59th Ave.

Volleyball Camp

For grades 3-9

July 18-21, 9am-noon. Cost \$75

Register: Boys & Girls Club, 360-435-4442, 18513 59th Ave.

Cross-Fit Kids

Cross Fit Kids is a program specifically designed for kids of all ages! The movements are things kids do when they play – run, jump, lift, push, pull and climb – so any kid can participate! Class is different every day to keep kids well-rounded, engaged, and most of all having fun! A wide variety of exercise equipment is used in this program, making this is great way to get kids and teens ready for any sports.

Monday-Wednesday-Friday 10am-noon

June 27-August 12

Cost: \$250 includes t-shirt.

Register: crossfitorenda.com

Located at 3810 166th Pl NE #106

Youth Strength Training

For ages 12-18. Keep your youth active and in shape this summer. Led by personal trainer and power lifter, Ben Cotton. Class includes strength training and agility work, a must for any young athlete.

Cost : \$80 SAC members, \$120 community members

6 weeks June 21-July 28, Tuesdays & Thursdays 11:00am-noon

Register at Stillaguamish Athletic Club, 4417 172nd St NE

360-435-9404

Girl Power

For ages 13-18. Strength training for young girls is a great way to create not just strong bodies but strong minds and self esteem. Led by members of SAC's personal training staff, this class will teach the basics of strength training as well as nutrition for healthy strong bodies. Healthy habits start now!

Cost: \$80 SAC members, \$120 community members

6 weeks June 21-July 28 Tuesday and Thursday 1:00-2:00pm

Register at Stillaguamish Athletic Club, 4417 172nd St NE

360-435-9404

KidsFit

For ages 5-11. Let your kids experience the joy of moving through interactive games and movement patterns.

Free to SAC members, \$5 community member

Mondays 5:00-6:00pm

Stillaguamish Athletic Club, 4417 172nd St NE

360-435-9404

Skyhawks Multisport Camp

(soccer, baseball & basketball) For ages 6-12.

Multi-Sport camps are designed to introduce young athletes to a number of different sports in one camp. Camp focuses on soccer, baseball, and flag football. Designed to motivate children to lead a healthy, active lifestyle while giving them the fundamental skill sets needed to succeed and grow in whichever sport they choose. Program requires participants to bring equipment or supplies: baseball glove, shin guards, appropriate clothing, tennis shoes, sunscreen, water bottle, lunch and snack. Visit www.skyhawks.com or 360-403-3448 for more information.

August 8-12, 9am-3pm

Cost: \$139

Location: Pioneer Elementary 8213 Eaglefield Dr.

Skyhawks Minihawk

(soccer, baseball & basketball) For ages 4-7.

Skyhawks Sports Mini-Hawk camp allows young children to explore soccer, baseball, and basketball in a day program setting. There is no pressure— just lots of fun while these young athletes participate in all three sports through games. Program requires participants to bring equipment or supplies: baseball glove, shin guards, appropriate clothing, tennis shoes, sunscreen, water bottle and two snacks. Visit www.skyhawks.com or 360-403-3448 for more information.

August 8-12, 9am-noon

Cost: \$119

Location Pioneer Elementary, 8213 Eaglefield Dr.

Skyhawks Flag Football

Skyhawks flag football is the perfect program for your young athletes who want a complete introduction to America's Game or for those who simply want to brush up on their skills in preparation for league play. For ages 6-12

July 11-15, 9am-3pm

Cost: \$139

Location: Twin Rivers Park, 8003 SR 530

Skyhawks Soccer Camp

This camp focuses on dribbling, passing, shooting, and ball control. By the end of the camp your child will have learned new life skills such as teamwork and sportsmanship and improved their sport skills preparing them to play for the playground or league play! For ages 6-12.

June 27-July 1, 9am-noon

Cost: \$139

Location: Twin Rivers Park, 8003 SR 530

Lifetime Sports Camp

This camp combines golf, bowling, swimming tennis and much more. For ages 7-12.

Aug 9-11, 10am-4pm

Cost: \$100

Register: Boys & Girls Club, 360-435-4442, 18513 59th Ave.

Adult Sports & Fitness

Adult Baseball- Arlington Aces

Wednesday /Friday games June 15-Sept 2 at 6:30pm. For ages 18 & older. Tryouts June 1 & 8 at 6pm. \$98 per player. Register and more info: arlingtonaces.webs.com.

Co-ed Adult Softball Summer League

Wednesday games, July 13-Aug 24, 6pm. Call June 15 at 9am to register teams (leave message) 360-403-3448.

Recreational Adult Volleyball

Friday nights 7-9pm (excluding holidays and June 1 and June 8). Open gym volleyball at Post Middle School, 1220 E 5th Street. \$2 per night.

Arlington Tennis Club

Sundays at 11am and Wednesdays at 6:30pm starting April 17 at the Arlington High School Tennis Courts, free, drop-ins welcome. [Facebook.com/groups/128871630485361](https://www.facebook.com/groups/128871630485361)

Boot camp with Marissa

Fridays at 9:30am. Get your weekend off to a fit start! This high intensity class utilizes TRX, kickboxing, kettlebells and so much more. Dependent on weather class may be outdoors. Cost : Free to SAC members, \$8 drop in
Stillaguamish Athletic Club, 4417 172nd St NE
360-435-9404

Adult Classes

TOPS Weight Loss Club

TOPS (Taking off Pounds Sensibly) Weight Loss Club meets weekly at 9am-11am Fridays at Hadley Hall at the Boys & Girls Club. Visitors are welcome! If you choose to join, we have local dues of \$4 a month, and \$32 annual dues to the national organization. We have a lot of fun as we follow our national program "It's a Lifestyle Change, Not a Diet." Just drop in and meet us! For more information, call Bea at 360-435-3892.

No Nonsense Garden Club

Visitors are welcome to join us!
April 23: Representative from Stillaguamish Tribe will teach how to use our native trees for medicinal purposes.
May 28: Martha Clatterbaugh, Snohomish County Master Gardener, will teach "Bees to Garden", all about honey, mason, and other bees local to Arlington.

Member dues are \$3 to join and \$1 per meeting. Location: Stillaguamish Room at Public Works Office, 154 W. Cox Ave. Meetings are the 4th Saturday of the month at 10am. For more information 360-435-0463.

Adult Classes

Sit-N-Stitch

Sit-N-Stitch 2nd Friday each month 6-9pm, free, drop-In. Bring your crochet or knitting project and join us on at Perfectly Knotty 310 N Olympic Ave. All skills levels and all stitching arts are welcome.

Also, join us Wednesday afternoons 1-4 at Perfectly Knotty for some soothing stitching time! Have a cup of tea. Bring your lunch or a snack if you like. Whether you stay a few minutes or the entire time, you will feel nurtured, encouraged and uplifted! 310 N Olympic Ave.

Foundations of Digital SLR Photography

Are you confused by the array of features on your Digital SLR camera? Is the camera manual confusing? If so, this foundation series is for you! You will learn the basic concepts of digital photography with your SLR camera. In doing so you will build a foundation of knowledge to enable you to take better photos. Students must bring their digital SLR to class.

Taught by Photographer Phil Lane.

Dates: May 20, 27 & June 17 Times: 7-9pm

Location: Hadley Hall, 18513 59th Ave NE

Cost: \$150 for series

Introduction to Photoshop Elements 14

Introduction to Photoshop Elements series will bring the world of editing and enhancing your photographs easily within your reach. Using Photoshop Elements 14 as the foundation, students will learn how to import their images from their camera into their desired devices while learning the basic skills of editing and enhancement of their photos. The focus of this class will be on the image editing side of Elements and the respective image editing tools and features. It is highly recommended students bring a laptop along with a file containing some of their images.

Cost: \$150 for series

Dates: July 15, 22, 29 Times: 7-9pm

Location: Hadley Hall, 18513 59th Ave NE

Foundations Bird Photography

Students will learn field ethics when working in the wild in the pursuit of photographing bird species with as little impact on the subjects or environment as humanly possible. Course of study will cover proper use of equipment, field techniques and importance of knowledge of bird behavior and relative biology. Additional concepts in regard to practical observation techniques coupled with a common sense approach of do no harm will be the central focus of this class. Instructor is a professional photographer published in several magazines.

Cost: \$150 for series

Dates: Sept . 9, 16, 23, 30 Times: 7-9pm

Location: Hadley Hall, 18513 59th Ave NE

Adult Classes

Essential Oils– Spring Cleaning: From Toxic to Terrific!

Instead of using harsh chemicals in your home, come learn how to make your own natural cleaning products and receive aroma therapy at the same time with essential oils for a nontoxic and much healthier way of living. You will learn about natural solutions to get even better results to eliminate static cling and for fabric softener, cleaning stains and grease in carpets and kitchens, natural alternatives for window cleaner, all purpose spray and more. Each person will take home a potpourri spray and foaming hand soap.

Taught by Becky Dove. Essential oil classes for ages 16 years and older.

Date: Tuesday, May 17 Time: 6:30-8:00pm

Location: Hadley Hall, 18513 59th Ave NE

Cost: \$15

Gardening with Essential Oils

This class will share beneficial ideas to keep gardens healthy and happy using essential oils. Learn which oils support plant health and growth and which help repel pests. Participants will receive samples of a natural soothing hand balm and bath bomb to help ease muscle aches from a day in the garden.

Taught by Becky Dove.

Date: Tuesday, June 21 Time: 6:30-8:00pm

Location: Hadley Hall, 18513 59th Ave NE

Cost: \$15

Essential Oils: Creating your own Custom Blends

Essential Oils have been used as perfumes around the world for thousands of years. Join oil enthusiast Becky Dove for a fragrant and fascinating workshop where you will learn about the power of smell. Fragrance is the invisible cosmetic with the ability to uplift and attract, protect, or repel. Each class participant will make their own 100% natural custom fragrance to take home.

Taught by Becky Dove.

Date: Tuesday, July 19 Time: 6:30-8:00pm

Location: Hadley Hall, 18513 59th Ave NE

Cost: \$15

Essential Oils: Back to School

Going back to school can create a lot of excitement and concerns for students, parents and teachers. Learn which oils can be used to support our immune systems, memory retention and recall, better focus and to calm the first day of school butterflies. Each person will take home roll-on remedy for the winter season and one for homework help, as well as a backpack ID tag!

Taught by Becky Dove.

Date: Tuesday, August 16 Time: 6:30-8:00pm

Location: Hadley Hall, 18513 59th Ave NE

Cost: \$15

City of Arlington Parks and Recreation Registration

Name _____ Home Phone _____

Work or Cell Phone _____ Email _____

Address _____ City _____ Zip _____

Participant's Name	Grade (children)	Date of Birth	Class Title	Class date and time	Fee
Total					

Participant shall defend, indemnify, and hold the City, its officers, officials, employees and volunteers harmless from any and all claims, injuries, damages, losses or suits including attorney fees, arising out of or in connection with Parks and Recreation classes or events provided by the City, except for injuries and damages caused by the sole negligence of the City.

Signature _____ Date _____

Parent or Guardian (if under 18) _____ Date _____

Checks payable to City of Arlington. Visa or MasterCard accepted. Payment required at time of registration.

For Office Use Only:

Program Fee: 001.347.90.00

Class Registration: 001.347.60.02 Date of Entry _____

Card # _____ Expiration Date: _____

Community Education Registration Information

Registration: All classes are pre-register unless otherwise noted. Registration may be done by mail, by phone, or in person at City Hall. Mail registration and payment to: City of Arlington Attn: Recreation 238 North Olympic Ave. Arlington WA 98223

Please make checks payable to City of Arlington. VISA and MasterCard accepted.

Refund Policy: Registration fees are non-refundable. If the class is full, payment will be returned and your name will be put on a wait list. You will be notified of any openings. Wait lists apply only to the current quarter. In the event that the class is canceled, you will receive a full refund. Classes may be cancelled due to low registration.

Questions? Call 360-403-3448.



www.arlingtonwa.gov



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www.twitter.com/arlingtonwa

